Croydon Health Services **NHS Faecal incontinence Pathway Faecal incontinence** Involuntary loss of stool or gas via the anus **Primary Measures Red Flag symptoms** Identify contributory factors Persistent unexplained change in Exclude treatable causes (e.g. faecal impaction) bowel habits for 3 months Patient education Rectal bleeding Lifestyle advice Unexplained weight loss Regulate bowel habit New symptoms of wind and mucus Modify diet and fluid intake Anaemia Anti-diarrhoeal medications Family history of bowel cancer Referral to urgent suspected Faecal incontinence during Additional problems: Referral to colorectal nurse cancer pathway pregnancy and up to 16 Memory problems To be seen within 2 weeks weeks post partum Confusion Dementia Learning disability Resident in care home Poor mobility **One-stop Clinic Refer to Perineal Clinic Specialist Bowel Dysfunction** Colonoscopy Urogynaecologist **Triage Clinic** Further investigations Endoanal ultrasound Anal manometry Anal manometry Biofeedback Pelvic Floor exercises Referral to community Dietary and lifestyle changes continence nurse specialist Manipulation of medication

Use of medication

Colorectal MDT

Joint pelvic floor clinic